

Are contact lenses safe?

Yes, when used as directed, most people can wear contact lenses without complications. Successful contact lens wear depends on following the recommendations and instructions of your optician. Over time, your eyes can change, often without symptoms or warning signs, which may put you at risk for developing complications. To have healthy eyes and the most efficient and comfortable vision possible, you need quality eye care on a regular basis. Only your optician is educated, trained, and licensed to examine, diagnose, and provide treatment for your eyes.