

Why is it important to get regular eye exams?

According to the Association of Optometrists, periodic eye examinations are an important part of routine preventive health care. Many eye and vision conditions present no obvious symptoms. Therefore, individuals are often unaware that a problem exists. Early diagnosis and treatment are important for maintaining good vision and when possible preventing permanent vision loss.

A thorough eye examination yields far more information than you might expect. Not only does it provide your optician with information to diagnose and treat eye conditions, a look into your eyes also provides an open window on your general health.

For information on how often you should have your eyes examined, visit the Association of Optometrists website at www.assoc-optometrists.org.

This information is courtesy of Ciba Vision contact lenses but applies to all makes.